

CITY OF EAGAN

A RESOLUTION OF THE CITY COUNCIL DECLARING THE CITY OF EAGAN TO BE A HEALTHY EATING AND ACTIVE LIVING COMMUNITY

WHEREAS, lack of physical activity and unhealthy eating patterns are a major cause of overweight and obesity; and

WHEREAS, obesity is recognized as a public health epidemic that calls for preventative actions by local communities to reduce this threat to community health, well-being and prosperity; and

WHEREAS, the City of Eagan has an interest to preserve, promote and improve the health of its citizens by taking active steps to increase healthy eating and active living within its jurisdiction;

NOW, THEREFORE, BE IT RESOLVED that the City Council of the City of Eagan hereby declares that the City will seek opportunities and establish mechanisms to support individual, community and environmental efforts to improve the public's health by encouraging the development and implementation of policies and practices that support and promote healthy eating and active living among citizens in the City of Eagan, as set forth herein.

NOW, THEREFORE, BE IT RESOLVED that the City of Eagan, working in cooperation with citizens and businesses, will make every effort to support and promote healthy eating and active living among its citizens through adoption of this Healthy Eating and Active Living Community Resolution and the policies and practices described herein:

SECTION 1. ACKNOWLEDGEMENT OF CURRENT PRACTICES

BE IT FURTHER RESOLVED that the City Council acknowledges that the City of Eagan has established a high quality of life for its citizens in the community and currently provides a variety of options (e.g. facilities, parks, trails, programs, services, events, etc.) for people of all ages to lead a healthy lifestyle. The intent of this adopted resolution is for the City Council to advocate for the continued sustainability of existing offerings while at the same time recognizing the need to investigate additional policies and practices to be considered for implementation of which examples are set forth in the following sections.

SECTION 2. COMPREHENSIVE PLAN

BE IT FURTHER RESOLVED that the City of Eagan will review the Comprehensive Plan 2030 to:

- Consider adding supplemental healthy eating goals to complement the active living goals therein, with regard to disparities in citizens' access to healthy foods; and

SECTION 3. BUILT ENVIRONMENT

BE IT FURTHER RESOLVED that the City Council encourages applicable Advisory Parks and Recreation Commission members and City of Eagan employees, including planners, engineers, administrators, and others within the departments of Administration, Parks and Recreation,

Planning and Zoning, Public Works, and any other departments deemed appropriate, to make every effort to:

- Include dedicated green space in all new housing developments
- Develop and maintain a cohesive system of parks and trails, incorporating accessible neighborhood parks
- Establish processes to assess and improve existing local active living infrastructures
- Implement and monitor a complete streets policy.
- Enhance personal and community safety (e.g., traffic, lighting, intersections) to improve access to and use of public routes, trails and other public spaces where people are or could be physically active
- Support recreation programs that encourage active living
- Ensure that physical activity facilities (park facilities, playgrounds, trails, Eagan Community Center, Eagan Civic Arena, Cascade Bay, etc.) are accessible and affordable
- Introduce active living issues, such as walkable communities, into public dialogue

SECTION 4. PARKS AND RECREATION

BE IT FURTHER RESOLVED that the City of Eagan affirms healthy living commitments such as:

- Continuation of a joint-use policy to provide community access to school facilities for year-round recreational use;
- Develop and implement a healthy vending machine and concessions policy for all city-owned and city-operated concessions in facilities, programs and parks;
- Develop and distribute a City of Eagan park and recreation guide to facilitate community access to City trails, paths, parks, picnic shelters, recreation centers, schools, community centers, environmental learning centers and any other sites or facilities open to the public for recreation purposes, including information about locations, hours of operation, contact information, website information, a calendar of annual community events and listing of available amenities and services (e.g., rentals of space or equipment)
- Map trails, paths and other non-motorized routes to maximize community access to parks, centers and open spaces, and share maps with border communities to promote connectivity among and between adjacent communities.

SECTION 5. ACCESS TO HEALTHY FOODS

BE IT FURTHER RESOLVED that in order to increase access to healthy foods and beverages, the City Council supports every effort to:

- Continue development and sustainability of community gardens and farmers' markets;
- Inventory unused land owned by the City that could be made available for additional community gardening;
- Encourage growth and sustainability of farmers' markets by encouraging EBT / SNAP access to and incentives for all licensed farmers' markets in the City;
- Identify and take active steps to resolve any public transportation barriers that inhibit community access to full-service grocery stores, supermarkets, corner stores, farmers' markets and community gardens

SECTION 6. EMPLOYEE WELLNESS

BE IT FURTHER RESOLVED that to increase healthy eating and physical activity in City-operated worksites and serve as a model for other employers, the City Council encourages efforts to investigate:

- Development and implementation of a comprehensive employee wellness program that encourages and rewards participation;
- Create and promote opportunities for employees to engage in physical activity during the work day (e.g. modifications to workstation to allow for more standing, on-site exercise classes, etc.);
- Encourage walking meetings;
- Develop and implement a healthy food and beverage policy for City meetings and facilities, including City-operated food and beverage vending machines; and
- Designate and make available space for breastfeeding in City facilities.

SECTION 7. IMPLEMENTATION

BE IT FURTHER RESOLVED that the Advisory Parks and Recreation Commission shall report back to the City of Eagan City Council within one year of the date of this Resolution's adoption and annually thereafter regarding steps taken to implement the Resolution, any additional steps planned and any desired actions that would need to be taken by the City Council or City departments or agencies to further implement steps taken or planned.

Adopted by the City Council of the City of Eagan, Minnesota this 15th day of November, 2011.

Mayor

ATTEST:

City Clerk